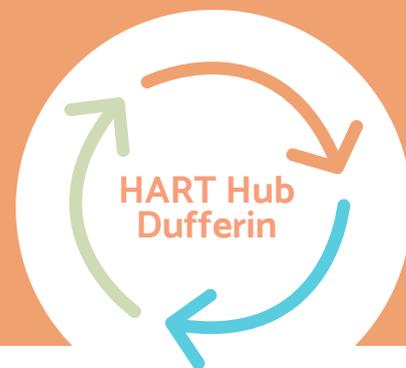


# Welcome to the HART Hub Dufferin



## What is the HART Hub?

The Hub is dedicated to improving outcomes for individuals in Dufferin County experiencing homelessness, mental health challenges, and substance use challenges by taking a person-centred, equity focused approach to ensure that clients have access to the care that they need.

The HART Hub operates under the core principles:

- *Low-barrier access*
- *Trauma-informed and culturally safe care*
- *Integrated, wraparound services*
- *Person-centred approach*
- *Recovery and stability focus*
- *Collaboration and community partnership*



## Services\* at the Hub

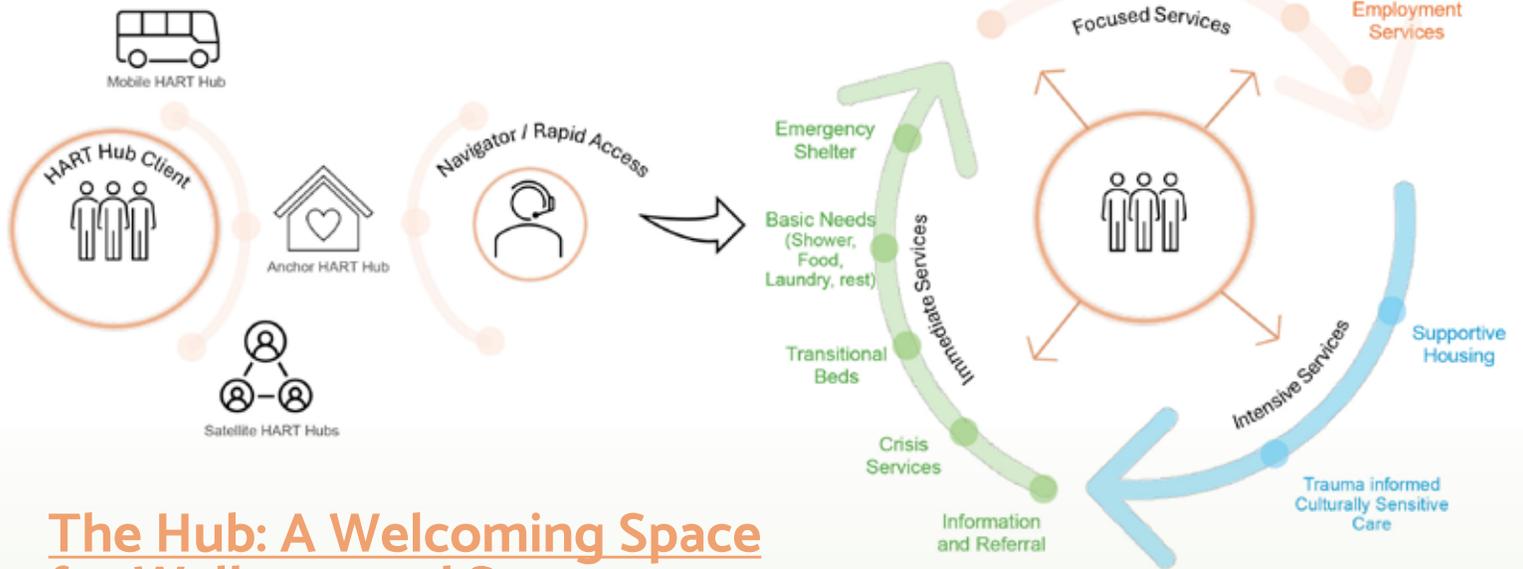
Available Monday to Friday, 9am-4pm

-  **NAVIGATION:** Welcome, intake, assessment and connection to supports
-  **MENTAL HEALTH:** Assessments, counselling, and prevention; support for crisis intervention and care planning
-  **ADDICTIONS:** Connections to treatment programs and community services, resources, individual and group support
-  **HOUSING:** Practical assistance in finding housing, support to maintain housing
-  **PRIMARY CARE:** Health assessments, foot care, dietary support, connections to specialists
-  **NURSING:** Health checks, wound care, assessments and health education
-  **TRAUMA:** Trauma-informed counselling, and resources
-  **DBT:** Support for managing stress, interpersonal skills, resilience building and mindfulness
-  **EMPLOYMENT:** Guidance with job training, interview skills, resume skills and barriers to employment
-  **PEER SUPPORT:** One-to-one and group support led by professionals with lived experience, fostering hope, wellness, and personal growth
-  **TRANSITIONAL BEDS:** Extended stays and support bridging to longer-term housing
-  **SUPPORTIVE HOUSING:** Access to rent supplements and intensive mental health and addictions support, tenancy support to maintain housing stability

\*Full implementation of services expected in early 2026

## How the HART Hub works

The HART Hub guides you to the level of care that best fits your needs, ensuring you receive support every step of the way.



## The Hub: A Welcoming Space for Wellness and Support

HART Hub Dufferin provides support for people in our community who:

- 🚫 Face barriers to accessing health and social services
- 🤝 Live with complex health issues
- 🧠 Are experiencing mental health or substance use concerns
- 🏠 Are experiencing homelessness or housing instability
- 🩺 Are not connected to a family doctor or nurse practitioner
- 🧭 Need help navigating healthcare systems and services

If you are looking for support for yourself or someone you know, we're here to help.

226-259-4278 (HART)  
info@harthubdufferin.ca

### Site Locations

**Main Site: Edelbrock Centre**  
30 Centre Street  
Orangeville, ON L9W 2X1

**Satellite Site: Mel Lloyd Centre**  
*Opening in January 2026*  
167 Centre Street  
Shelburne, ON L9V 3R8

**Mobile Clinic**  
*Coming early 2026*