

# Parenting Workshops & Programs in Dufferin County

May / June 2019

## May

- A** May 1 ~ **Secrets of Communication Part One: Getting Kids to Listen** (7:00 – 9:00 p.m.)
- A** May 7 ~ **Manage Mealtime Madness: Tips and Ideas for Busy Families** (7:00–9:00 p.m.)
- A** May 8 ~ **Secrets of Communication Part Two: Getting Kids to Talk** (7:00 –9:00 p.m.)
- C** May 14 ~ **Starting Solids** (9:30–11:00 a.m.)
- A** May 14 ~ **Parenting on the Same Page** (7:00–9:00 p.m.)
- B** May 15–29 ~ **Prenatal Series** (7:00–9:00 p.m.)
- A** May 22 ~ **Positive Parenting from Separate Homes** (6:30–9:30 p.m.)
- A** May 27 ~ **Unplug and Connect: Ending Screen Time Battles** (7:00–9:00 p.m.)
- D** May 28 ~ **Skills for Challenging Behaviour** (9:30–11:30 a.m.)
- A** May 28 ~ **Understanding a New Autism Spectrum Disorder Diagnosis** (6:30–8:30 p.m.)
- A** May 29–June 5 ~ **Surviving Thriving in the Tween/Teen Years** (7:00–9:00 p.m.)
- E** May 31 ~ **Finding and Empowering You** (9:30–11:30 a.m.)

## June

- A** June 4 ~ **Support Your Child to Manage BIG Emotions** (6:30–8:30 p.m.)
- C** June 10 ~ **Raising Healthy Happy and Adventurous Eaters with Jacalyn Dryland** (9:30–11:00 a.m.)
- B** June 12–26 ~ **Prenatal Series** (7:00–9:00 p.m.)
- E** June 14 ~ **Finding and Empowering You** (9:30–11:30 a.m.)
- C** June 19 ~ **Feeding and Nutrition Support: Drop In with Jacalyn Dryland** (9:30–11:00 a.m.)

## Ongoing

- C** Wednesdays ~ **CUP–Come Understand Parenting** (12:30–2:30 p.m.)
- C** Thursdays ~ **FAB–Feelings After Birth** (9:30–11:30 a.m.)
- C** Thursdays ~ **FAB – Feelings After Birth** (1:30–3:30 p.m.)

## Future Workshops Accepting Registrations

- B** July 10–24 ~ **Prenatal Series** (7:00–9:00 p.m.)
- F** Dates and Times to Be Determined ~ **Peaceful Families**
- F** Fall–Dates to Be Determined(17 sessions) ~ **Caring Dads** (6:30–8:30 p.m.)

- A** Dufferin Parent Support Network  
[www.dpsn.ca](http://www.dpsn.ca) / 519-940-8678
- B** Wellington-Dufferin-Guelph Public Health  
Let's Talk Parenting: 1-800-265-7293, ext. 3616 / [www.wdgppublichealth.ca/](http://www.wdgppublichealth.ca/)
- C** EarlyON Child and Family Centre–Orangeville  
30 Centre Street, Orangeville / 519-941-6991 ext. 2205
- D** EarlyON Child and Family Centre–Grand Valley  
90 Main Street, Grand Valley / 519-928-3383
- E** EarlyON Child and Family Centre–Shelburne  
167 Centre Street, Shelburne / 519-925-5504
- F** Family Transition Place  
519-942-4122 / [www.familytransitionplace.ca](http://www.familytransitionplace.ca)

To understand why responding to your children in a loving way matters throughout their lives and makes it a little easier to manage the challenge, contact the DuCK member organizations above or visit

### MyDufferin Directory

[www.MyDufferin.ca](http://www.MyDufferin.ca) website directory of contact info for organizations that provide services for parents, children and youth in Dufferin County.

*Dufferin Coalition for Kids...Working together to help you be the best parent you can be.*



[dufferincoalitionforkids.ca](http://dufferincoalitionforkids.ca)